

# FOOD ASSISTANCE PACKAGE

**Date of the revision:** 02<sup>nd</sup> April 2018

**By:** FSC team

**Validation:** FSC meeting 29<sup>th</sup> March (following 2 TWG-FSC meetings)

## Immediate FSC package

The value of the package is updated. No operation cost included

- All the prices were collected from the Department of Agricultural Marketing (DAM).
- The amounts have been rounded up due to packing issue, for example, 72.5 kg of rice is rounded to 73 kg.

Option-A						
Commodity	Kcal/100g	1 day/person		Cost/pers/day	7 days for a HH	
		gm/p/ day	Energy (Kcal)	BDT	Kg/HH/7 days	BDT
Flattened rice (Chira)	356	300	1068	16.5	10.5	577.5
Molasses (Akher gur)	385	100	385	9.5	3.5	332.5
Fortified Biscuit	450	75	338	6.3	2.625	220.5
<b>Total</b>		<b>475</b>	<b>1,791</b>	<b>32.3</b>	<b>16.625</b>	<b>1,131</b>

Option-B						
Commodity	Kcal/100g	1 day/person		Cost/pers/day	7 days for a HH	
		gm/p/ day	Energy (Kcal)	BDT	Kg/HH/7 days	BDT
Fortified Biscuit	450	375	1,688	31.5	13.125	1,103
<b>Total</b>		<b>375</b>	<b>1,688</b>	<b>31.5</b>	<b>13.125</b>	<b>1,103</b>

## Short term FSC package

After some discussions on standards, calorie needs and local practices, the FSC agreed on the following:

- One package following local practices – package A
- One package following the calorie, the % of energy from fat and protein as per Sphere standard recommendations – package B

OPTION A: CULTURAL PRACTICES				
	Daily Ration g/person/day	cost (BDT/kg or liter)	Kg/liter per month/HH	cost (BDT)
RICE, WHITE, LONG GRAIN, PARBOILED	485	44	73	3,212
LENTILS	13	92.5	2	185
OIL, VEGETABLE [WFP]	18	83.5	3	250.5
SUGAR	6	37.5	1	37.5
SALT, IODISED [WFP]	6	53.5	1	53.5
<b>TOTAL</b>			<b>80</b>	<b>3,738.5</b> <b><u>Rounded to 4,000 BDT</u></b>

Source: Bangladesh - Household Income and Expenditure Survey 2010.

- Energy: 2,041 Kcal
- 7.8% energy from protein
- 10.2% energy from fat

OPTION B: SPHERE STANDARDS				
	Daily Ration g/person/day	cost (BDT/kg or liter)	kg per month/HH	cost (BDT)
RICE, WHITE, LONG GRAIN, PARBOILED	365	44	55	2,420
LENTILS	100	92.5	15	1,387.5
OIL, VEGETABLE	40	83.5	6	501
SALT, IODISED	6	37.5	1	37.5
SUGAR	13	53.5	2	107
<b>TOTAL</b>			<b>79</b>	<b>4,453</b> <b><u>Rounded to 4,500 BDT</u></b>

It follows the Sphere standards in terms of:

- Energy: 2,112 Kcal (2,100 Kcal per person)
- 10.1% energy from protein (recommended 10-12%)
- 19.1% energy from fat (recommended 17%)

## Reminder Sphere standards

- **Key Action:** Design food transfers on the basis of the standard initial planning requirements for energy, protein, fat and micronutrients, adjusted as necessary to the local situation (see key indicators, guidance note 2 and Appendix 6: Nutritional requirements).
- **Guidance Notes:** *Nutritional requirements and ration planning:* The following estimates for a population's minimum requirements should be used for planning general rations, with the figures adjusted for each population as described in Appendix 6: Nutritional requirements:
  - 2,100 kcals/person/day
  - 10 per cent of total energy provided by protein
  - 17 per cent of total energy provided by fat
  - adequate micronutrient intake.
- **Key Action:** Consult disaster-affected people during assessment and programme design on the acceptability, familiarity and appropriateness of food items, and ensure the results inform decisions on food choices (see guidance note 1).
- **Guidance Notes:** *Familiarity and acceptability:* While nutritional value is the primary consideration when choosing a food basket, the commodities should be familiar to the recipients and consistent with religious and cultural traditions, including any food taboos for pregnant or breastfeeding women.

## Additional notes

The Food Security and the Nutrition clusters / sectors have agreed:

- any preventive measure, with food distribution (which includes cooked food/wet meal or HEB or fortified biscuit) is a food security intervention and therefore, should be reported to the Food Security Cluster / Sector.
- any curative measure is a nutrition activity. Specialised nutritious foods targeting only to MAM or SAM cases and targeted food distribution (BSFP – Blanket Supplementary Food Programme) should be reported to the Nutrition Cluster / Sector.